The Alliance for Psychoanalytic Thought
South Asian American Forum
Indo American Psychiatric Association

Sponsor

An Interpersonal approach to
Ideals, Idealization, and the Ego-ideal
In Indian culture

Presentation by
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Followed by a discussion by
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Sunday, November 1st, 2015 - 2:00 PM TO 5:00 PM
Drexel University College of Medicine
2900 Queen Lane, Philadelphia, Pa.19129

General Admission: Free
Non-PCOP members $60 for CME, CE with registration
Full Refund for cancellations prior to 10/26/2015
Make checks payable to PCOP

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Program Description:
This paper will explore the centrality of ideals, idealization and the Ego-Ideal in Indian culture. In looking at idealization as an interpersonal phenomenon, meant to manage complex relational equations and the attendant anxieties, it becomes possible to develop a richer understanding of certain cultural determinants of the experience of being Indian. In the treatment setting, this can necessitate working with the idealizing transference in ways that may not be native to the cultural training of American analysts. These dynamics are involved in establishing particular hierarchical relationships, in and outside of treatment, and setting up mutual expectations that often remain unconscious.

Educational Objectives
As a result of attending this presentation, participants will be able to:

1. Enumerate the specific challenges in treating Indian patients in psychotherapy and psychoanalysis.
2. Identify elements of Transference and Countertransference that may be specifically determined by Indian culture.
3. Apply the cultural understanding of treatment experience of Indian patients to improving psychoanalytic and psychotherapeutic technique.

Continuing Medical Education (CME): This activity has been planned and implemented in accordance with the Essentials Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of the American Psychoanalytic Association and the Psychoanalytic Center of Philadelphia. The American Psychoanalytic Association is accredited by the ACCME to provide continuing medical education for the physicians and takes responsibility for the content, quality, and scientific integrity of this CME activity. The American Psychoanalytic Association designates this education activity for a maximum of 3 hours in Category 1 credit towards the AMA Physician’s Recognition Award. Each physician should claim only those hours of credit that he/she actually spends in the educational activity.

Important Disclosure Information for all Learners: None of the planners and presenters of the CME Program have any relevant financial relationships to disclose.

Continuing Education for Psychologists (CE): The Psychoanalytic Center of Philadelphia is approved by the American Psychological Association to sponsor Continuing Education for psychologists. The Psychoanalytic Center of Philadelphia maintains responsibility for this program and its content.

Continuing Education for Social Workers (CE): In accordance with the requirements of the Commonwealth of PA dated 12/23/06 [49 PA. CODE 47—49], the American Psychological Association is a pre-approved provider for social workers and clinical social workers in the State of Pennsylvania and the Psychoanalytic Center of Philadelphia is approved to sponsor continuing education credits by the American Psychological Association.